

# Worksheet: Ethical Will

## Getting Started

An Ethical Will is a personal document that you create in order to communicate your values, experiences, and life lessons to your family.

This worksheet includes the following:

- My Favorite Things
- My Family
- My Professional Life
- My Experiences
- My Beliefs & Values
- My Hopes For The Future

## Remember

[Create an Everplan](#) to easily and securely update and share this vital info with the people you love and trust.

### MY FAVORITE THINGS

My favorite place in the world: \_\_\_\_\_

My favorite artists (musicians, painters, actors):  
\_\_\_\_\_  
\_\_\_\_\_

My favorite books:  
\_\_\_\_\_  
\_\_\_\_\_

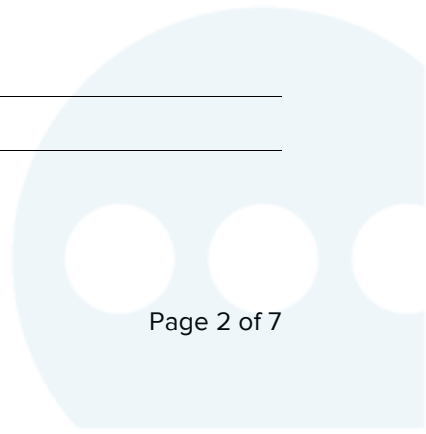
My favorite songs:  
\_\_\_\_\_  
\_\_\_\_\_

My favorite movies:  
\_\_\_\_\_  
\_\_\_\_\_

My favorite foods:  
\_\_\_\_\_  
\_\_\_\_\_

My hobbies:  
\_\_\_\_\_  
\_\_\_\_\_

My favorite sayings:  
\_\_\_\_\_  
\_\_\_\_\_



### MY FAMILY

The most important thing I learned from my parents:

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The most important thing I learned from my grandparents:

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The most important thing I learned from being a husband/wife:

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The most important thing I learned from my children:

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My favorite story about my mother:

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My favorite story about my father:

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Some things I'd like to share with you about my family when I was growing up:

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### MY PROFESSIONAL LIFE

The best job I ever had:

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The worst job I ever had:

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The reason I choose my profession/career:

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If I had it to do over again, I would have become a:

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### MY EXPERIENCES

Some of my fondest memories are:

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Some of the events that had the greatest impact on my life were:

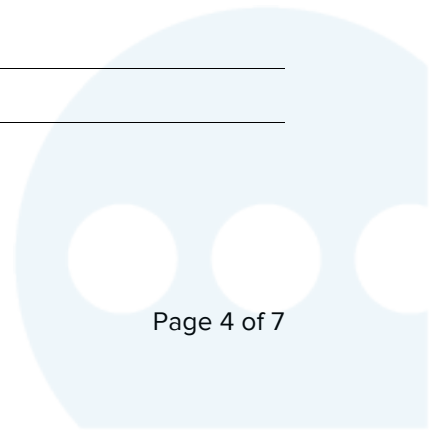
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I am most proud of:

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I am most grateful for:

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One of the happiest moments of my life:

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The people who have influenced me the most:

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My biggest regret:

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The hardest decision I ever made:

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The most difficult time in my life:

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In difficult times I have found comfort in:

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Throughout my life, I was most afraid of:

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I would like to ask forgiveness from:

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I would like to offer forgiveness to:

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### MY BELIEFS AND VALUES

My thoughts on religion and faith:

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I believe that God is:

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My most valued traditions:

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The causes that have always been important to me:

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For me, success means:

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### MY HOPES FOR THE FUTURE

The values I hope to pass on:

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My wishes for my children/grandchildren:

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My wishes for my spouse:

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A mistake in life I hope you can avoid:

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An experience I hope you get to have:

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When you encounter hardship, I hope you will remember:

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